

















# Spring Summer Menu – Week One THORN GROVE PRIMARY



V15523

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN OPTION 1</b>	<b>Cheese &amp; Tomato Pizza, Herby Diced Potatoes</b> 	<b>Italian Chicken &amp; Mixed Rice</b> 	<b>Roast Chicken, Roast Potatoes &amp; Gravy</b>	<b>Sausage Pasta Bake</b>	<b>Fish Fingers, Chips &amp; Tomato Ketchup</b>
<b>VEGETARIAN OPTION 1</b>	<b>Jacket Wedges with Baked Beans</b>  or Cheese	<b>Beany Tomato Ragu &amp; Fluffy Cous Cous</b> 	<b>Quorn Roast Roast Potatoes &amp; Gravy</b>	<b>Vegetable Sausage Pasta Bake</b> 	<b>Cheesy Pea Pasta</b>
<b>HALAL</b>		<b>Italian Halal Chicken &amp; Savoury Rice</b> 	<b>Spicy Halal Chicken Breast, Roast Potatoes &amp; Gravy</b>	<b>Halal Chicken Sausage &amp; Pasta Bake</b>	
<b>SANDWICHES, JACKETS, RICE &amp; PASTA</b>	<b>Freshly Baked Jacket Potato</b> with Salmon & Mayonnaise  , Tuna & Mayonnaise, Grated Cheese or Baked Beans	<b>Pasta with Tomato Sauce</b>	<b>Freshly Baked Jacket Potato</b> with Salmon & Mayonnaise  , Tuna & Mayonnaise, Grated Cheese or Baked Beans	<b>Pasta with Cheese Sauce</b>	<b>Freshly Baked Jacket Potato</b> with Salmon & Mayonnaise  , Tuna & Mayonnaise, Grated Cheese or Baked Beans
<b>VEGETABLES</b>	<b>Carrot &amp; Cucumber Mixed Vegetables</b> 	<b>Garden Peas Carrots</b> 	<b>Cauliflower Seasonal Greens</b> 	<b>Green Beans Sweetcorn, Salad</b> 	<b>Baked Beans Peas</b> 
<b>DESSERT</b>	<b>Oat &amp; Raisin Cookie</b>	<b>Chocolate Sponge with Chocolate Sauce</b> or Custard	<b>Ice Cream &amp; Banana</b> 	<b>Vanilla Blondie &amp; Apple Wedges</b> 	<b>Strawberry Muffin/ Traybake</b>

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





## Spring Summer Menu – Week Two THORN GROVE PRIMARY

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN OPTION 1</b>	Rainbow Pizza, Herby Diced Potatoes 	Chicken & Sweetcorn Meatballs, Tomato Sauce & Pasta	Roast Chicken, Roast Potatoes & Gravy	Chicken Tikka Curry & Mixed Rice 	Battered Fish, Chips & Tomato Ketchup
<b>VEGETARIAN OPTION 1</b>	Jacket Wedges with Baked Beans  or Cheese	Veggie Burger & Potato Wedges	Quorn Roast, Roast Potatoes & Gravy	Cheese & Onion Pastry Roll & Potato Wedges	Margherita Macaroni 
<b>HALAL</b>		Halal Chicken & Sweetcorn Meatballs Tomato Sauce & Pasta	Halal Chicken Breast, Roast Potatoes & Gravy	Halal Chicken Tikka & Mixed Rice 	
<b>Jackets or Pasta</b>	Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese or Baked Beans	Pasta with Cheeses Sauce	Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese or Baked Beans	Pasta with Tomato Sauce	Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese or Baked Beans
<b>VEGETABLES</b>	Sweetcorn, Peas Salad 	Green Beans Cauliflower 	Carrots Savoy Cabbage 	Mixed Vegetables Salad 	Baked Beans Peas 
<b>DESSERT</b>	Flapjack Finger	Chocolate & Banana Muffin & Apple Wedges 	Jelly & Mandarins 	Fruity Jam Bun & Custard	Chocolate Ice Cream

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s)  
of fruit or veg



Source of  
wholegrain



Contains  
plant-based  
proteins



50%  
fruit



Oily  
fish















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# Spring Summer Menu – Week Three THORN GROVE PRIMARY



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN OPTION 1</b>	<b>Cheese &amp; Tomato Pizza &amp; Herby Diced Potatoes</b> 	<b>Pork Hot Dog &amp; Baked Potato Wedges</b>	<b>Roast Pork, Roast Potatoes &amp; Gravy</b>	<b>BBQ Chicken, Vegetable Burrito &amp; Mixed Rice</b> 	<b>Fish Fingers, Chips &amp; Tomato Ketchup</b>
<b>VEGETARIAN OPTION 1</b>	<b>Jacket Wedges with Baked Beans</b>  or <b>Cheese</b>	<b>Veggie Mince Pasta Bake</b> 	<b>Quorn Roast , Roast Potatoes &amp; Gravy</b>	<b>Cheese &amp; Onion Quiche &amp; Diced Potatoes</b>	<b>Macaroni Cheese</b>
<b>HALAL</b>		<b>Halal Chicken Hot Dog &amp; Baked Potato Wedges</b>	<b>Halal Chicken Breast, Roast Potatoes &amp; Gravy</b>	<b>BBQ Chicken Vegetable Burrito &amp; Mixed Rice</b> 	
<b>JACKETS or PASTA</b>	<b>Freshly Baked Jacket Potato with Tuna &amp; Mayonnaise, Grated Cheese or Baked Beans</b>	<b>Pasta with Cheeses Sauce</b>	<b>Freshly Baked Jacket Potato with Tuna &amp; Mayonnaise, Grated Cheese or Baked Beans</b>	<b>Pasta with Tomato Sauce</b>	<b>Freshly Baked Jacket Potato with Tuna &amp; Mayonnaise, Grated Cheese or Baked Beans</b>
<b>VEGETABLES</b>	<b>Mixed Vegetables Salad</b> 	<b>Peas, Sweetcorn</b> 	<b>Spring Greens Cauliflower</b> 	<b>Green Beans Carrots</b> 	<b>Baked Beans Garden Peas</b> 
<b>DESSERT</b>	<b>Chocolate Shortbread Biscuit</b>	<b>Fruity Flapjack with Banana</b> 	<b>Oat Crunch Biscuit</b>	<b>Apple Sponge &amp; Custard</b> 	<b>Chocolate Cornflake Cake</b>

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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